



# INTEGRITY ORTHOPEDICS

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## O U T P A T I E N T S U R G E R Y I N S T R U C T I O N S

1. The hospital/surgery center will call you approximately one week prior to the procedure for pre anesthesia testing.
2. If scheduled at the surgery center you will be called the day before to let you know what time to arrive for your procedure.
3. You will need to schedule an appointment with your family doctor for an exam at least 1-2 weeks prior to the procedure. Please have your doctor fax us a medical clearance.
4. If, need be, you will be instructed to see a cardiologist prior to the surgery. This will need to be done at least 1-2 weeks prior to the surgery. Please have the cardiologist fax us a cardiac clearance.
5. Please contact your insurance company to let them know of your upcoming surgical procedure.
6. NOTHING to eat or drink after midnight the night before the procedure, unless otherwise instructed.
7. **You will need to stop all aspirin and any NSAID (Motrin, Aleve, Advil, Excedrin, Celebex, Mobic, Daypro, etc.) 5 days prior to surgery. You will also need to stop any blood thinning medications such as Coumadin, Heparin, and Lovenox, and Plavix ten days prior to surgery. Please contact your family doctor for appropriate coverage for those medications.**
8. If you have any questions regarding your surgery, please contact our office and speak to George or Katie.